

SOMERSET CRICKET BOARD

Our Development Programme is now into its seventh year. The programme follows the model of our highly successful county age group system and is specifically designed to be age and ability appropriate to help develop young cricketers.

To maximise the benefit to players and to increase accessibility we are running seven courses across two premier venues in Somerset.

PURPOSE OF THE COURSE

To improve the standard of young players in Somerset and provide them with greater opportunities to succeed in school, club, district and county age group cricket.

AIMS OF THE COURSE

- To provide children in School Years 2 - 10 with an appropriate course for their age and ability, at a suitable time of the year
- To nurture the skills of young cricketers and give them the opportunity to fulfil their potential
- To provide players with the opportunity to develop their cricket skills and understanding of the game, encouraging a lifelong passion for cricket to grow
- To develop players technical, tactical, physical and mental skills
- Ensuring players have the best opportunity to improve by keeping player : coach ratios at a maximum of 6 : 1

PLAYER PATHWAY

The Development Programme is an entry route into our player pathway. Players on the Development Programme can be nominated for Somerset pathway training by the coaches.

DEVELOPMENT PROGRAMME



PROGRAMME AIMS FOR EACH STAGE

STAGE 1

(School years 2 - 4)

This stage will give children an enjoyable first experience of cricket. Each session will promote the basic skills of cricket along with the fundamental movement skills (agility, balance, coordination and speed). Each session will involve fun games that will inspire children to develop a lifelong passion for the game. As children progress through this stage they will start to expand their cricket specific skills. All sessions will use a softball throughout.



STAGE 2

(School years 5 - 7)

The beginning of this stage will see players developing their crick-eting knowledge and continuing to expand their cricket specific skills. They will also develop their techniques and be introduced to tactical elements of cricket through skills drills and game-play. As the stage progresses players will continue to develop their tactical and technical knowledge and skill. A range of coaching methods will be used for skill acquisition and development. Match play and game scenarios will be introduced to further de-velop tactical awareness. A mixture of soft and hard balls will be used.



STAGE 3

(School years 8 - 10)

This stage will focus on the improvement of tactical and technical knowledge through skill and net practises. Advanced skills are focused on to allow the acquisition of skills related to match play. Players will also develop their mental skills to compliment the technical and tactical side of their game. Players attending should be playing competitive hard ball cricket and making significant contributions to their team. Appropriate balls (softball and hard-ball) will be used depending on the specific practise.



Please note that this is a general outline of each stage, and each session will be tailored to meet the needs of each individual player

CENTRE OF EXCELLENCE COURSES

The Cooper Associates County Ground, Taunton, TA1 1JT

COURSE DATES

23rd November | 30th November | 7th December | 14th December | 21st December (2019)

4th January | 11th January | 18th January | 25th January | 1st February (2020)

AGE GROUP	TIME	COURSE COST	NO. OF SPACES
School Years 2 & 3	10am—11am	£95	24
School Years 4 & 5	11:15am—12:15pm	£95	24
School Years 6 & 7	12:45pm—2:15pm	£135	24
School Years 8, 9 & 10	2:30pm—4pm	£135	24

MERCHANTS ACADEMY COURSES

Gatehouse Avenue, Bristol, BS13 9AJ

COURSE DATES

2nd November | 9th November | 16th November | 30th November | 7th December (2019)

4th January | 18th January | 25th January | 1st February | 8th February (2020)

AGE GROUP	TIME	COURSE COST	NO. OF SPACES
School Years 2, 3 & 4	2pm—3pm	£95	18
School Years 5, 6 & 7	3:15pm—4:45pm	£135	18
School Years 8, 9 & 10	12noon—1:30pm	£135	18

BOOKING

To book a place on any of the courses please go to:

www.somersetcricketboard.co.uk/coaching-courses/childrens-coaching/development-programme

For more information please contact:

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